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15 Απριλίου 2021

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ΘΕΜΑ: Πρακτική Άσκηση στο πρόγραμμα σπουδών Psychology (4 Years/240 ECTS, B.Sc., Distance Learning)

Αξιότιμη Κυρία Ιωαννίδου-Κουτσελίνη,

Αναφορικά με την από 6 Απριλίου 2021 επιστολή σας (Αριθμός Φακέλου 07.14.327.089) σχετικά με την Πρακτική Άσκηση στο πρόγραμμα σπουδών Psychology (4 Years/240 ECTS, B.Sc., Distance Learning), σας υποβάλλουμε πιο κάτω τις απαντήσεις μας σε σχέση με τα επιπρόσθετα στοιχεία τα οποία έχουν κριθεί ως απαραίτητα για την επαναπιστοποίηση του Προγράμματος:

1. Διαφοροποίηση τίτλου του μαθήματος ώστε να σημειωθεί σε αυτόν η πρακτική – εμπειρία στο πεδίο (field experience).

Ευχαριστούμε τον Φορέα ΔΙ.Π.Α.Ε. για την εισήγηση ως προς τη διαφοροποίηση του τίτλου του μαθήματος έτσι ώστε να είναι σαφής η αναφορά στην εμπειρία στο πεδίο. Έχουμε υιοθετήσει την εισήγηση του Φορέα και ο τίτλος του μαθήματος έχει αλλάξει σε "PSD400 Practical Applications in the Field of Psychology/PSD400 Πρακτικές Εφαρμογές στο Πεδίο της Ψυχολογίας".

2. Να αποσταλεί εκ νέου το πρόγραμμα σπουδών με την αλλαγή στον τίτλο, οι ώρες, τα ECTS, και περιγραφή του τι ακριβώς θα κάνουν οι φοιτητές, από πού θα παίρνουν την εμπειρία στον χώρο εργασίας – όχι μόνο σε δικά σας εργαστήρια.

Επιθυμούμε όπως σας ενημερώσουμε ότι έχουμε προβεί στις απαραίτητες αλλαγές τόσο στο Syllabus του μαθήματος όσο και στον Οδηγό Πρακτικής Άσκησης (Guide), στα οποία περιλαμβάνονται ο καινούριος τίτλος, η αναθεωρημένη περιγραφή και περιεχόμενο του μαθήματος, και ξεκάθαρες αναφορές στα διάφορα πεδία στα οποία μπορούν οι φοιτητές/τριες να λαμβάνουν την εμπειρία τους, τις δραστηριότητες που θα πρέπει να διεκπεραιώσουν καθώς και τον χρόνο που χρειάζεται να αφιερώσουν στην πρακτική τους.











Παρακαλούμε όπως βρείτε στα συνημμένα αρχεία την αναθεωρημένη Δομή του Προγράμματος Σπουδών (Appendix I), την αναθεωρημένη Εξαμηνιαία Κατανομή των Μαθημάτων (Appendix II), το αναθεωρημένο Syllabus του μαθήματος (Appendix III) και τον αναθεωρημένο Οδηγό Πρακτικής Άσκησης-Guide (Appendix IV).

Ευχαριστούμε πολύ τον Φορέα ΔΙ.Π.Α.Ε. για τα εποικοδομητικά σχόλια και εισηγήσεις στο πλαίσιο της επαναξιολόγησης του Προγράμματος και δηλώνουμε στη διάθεσή σας για οποιεσδήποτε διευκρινίσεις.

Με τις ειλικρινείς μας ευχαριστίες,

Καθ. Λοΐζος Συμεού Αντιπρύτανης Ακαδημαϊκών Υποθέσεων

Κοιν.: Κοσμήτορα Σχολής Επιστημών της Αγωγής, Ανθρωπιστικών και Κοινωνικών Επιστημών

Συν.: (4)



Appendix I

STRUCTURE OF THE PROGRAM OF STUDY

DEGREE REQUIREMENTS	ECTS			
All students pursuing a "Psychology (Bachelor of Science)"-Distance Learning program of study must complete the following requirements:				
General Education Requirements	18			
Major Requirements	150			
Major Electives	54			
Free Electives	18			
Total Requirements	240			

GENERAL I	18	
END120	Instruction in Expository Writing	6
General Edu	ication Electives	12
MAJOR RE	QUIREMENTS	150
PSD100	Psychology I	6
PSD105	Statistics in Psychological Science I	6
PSD110	Introduction to Ethics	6
PSD115	Psychology II	6
PSD120	Introduction to Research Methods in Psychology	6
PSD125	Social Psychology	6

PSD130	History and Systems of Psychology	6
PSD200	Developmental Psychology I	6
PSD205	Statistics in Psychological Science II	6
PSD210	Theories of Personality	6
PSD215	Educational Psychology	6
PSD220	Introduction to Neuropsychology	6
PSD225	Developmental Psychology II	6
PSD230	Introduction to Counselling Psychology	6
PSD235	Introduction to Clinical Psychology	6
PSD300	Experimental Psychology	6
PSD305	Cognitive Psychology	6
PSD310	Psychological Measurement	6
PSD315	Health Psychology	6
PSD320	Psychology of Learning	6
PSD325	Research Methods in Psychology	6
PSD330	Psychopathology I	6
PSD400	Practical Applications in the Field of Psychology	6
PSD480	Undergraduate Thesis I	6
PSD490	Undergraduate Thesis II	6

MAJOR EL	<u>ECTIVES</u>				
Students se	Students select <u>nine</u> courses from the following list:				
PSD240	Fund. Of Human Sexuality	6			
PSD245	An Introduction to Group Dynamics	6			
PSD250	Human Relations	6			
PSD335	Psychology of Gender	6			
PSD340	Cultural Psychology	6			
PSD345	Sport Psychology	6			
PSD350	Special Topics in Psychology	6			
PSD405	Psychology of the Family	6			
PSD410	Introduction to Biopsychology	6			
PSD415	Theories of Intelligence	6			
PSD420	Abnormal Child Psychology	6			
PSD425	Psychotherapeutic Approaches	6			
PSD430	Sensation and Perception	6			
PSD435	Psychopathology II	6			
PSD440	Techniques of Counselling	6			
FREE ELE	18				



Appendix II

TABLE OF COURSE DISTRIBUTION PER SEMESTER

A/A	Course Type	Course Name	Course Code	Periods per week	Period duration	Number of weeks/ Academic semester	Total periods/ Academic semester	Number of ECTS
			Semeste	r 1				
1.	Compulsory	Psychology I	PSD100	N/A	N/A	14	N/A	6
2.	Compulsory	Statistics in Psychological Science I	PSD105	N/A	N/A	14	N/A	6
3.	Compulsory	Introduction to Ethics	PSD110	N/A	N/A	14	N/A	6
4.	Compulsory	Instruction in Expository Writing	END120	N/A	N/A	14	N/A	6
5.	Elective	General Education Electiv	/e 1	N/A	N/A	14	N/A	6
			Semeste	r 2				
6.	Compulsory	Psychology II	PSD115	N/A	N/A	14	N/A	6
7.	Compulsory	Introduction to Research Methods in Psychology	PSD120	N/A	N/A	14	N/A	6
8.	Compulsory	Social Psychology	PSD125	N/A	N/A	14	N/A	6
9.	Compulsory	History and Systems of Psychology	PSD130	N/A	N/A	14	N/A	6
10.	Elective	Free Elective 1		N/A	N/A	14	N/A	6
		,	Semeste	r 3	I	l		
11.	Compulsory	Developmental Psychology I	PSD200	N/A	N/A	14	N/A	6
12.	Compulsory	Statistics in Psychological Science II	PSD205	N/A	N/A	14	N/A	6
13.	Compulsory	Theories of Personality	PSD210	N/A	N/A	14	N/A	6
14.	Compulsory	Educational Psychology	PSD215	N/A	N/A	14	N/A	6
15.	Elective	Free Elective 2	'	N/A	N/A	14	N/A	6

			Semeste	r 4				
16.	Compulsory	Introduction to Neuropsychology	PSD220	N/A	N/A	14	N/A	6
17.	Compulsory	Developmental Psychology II	PSD225	N/A	N/A	14	N/A	6
18.	Compulsory	Introduction to Counselling Psychology	PSD230	N/A	N/A	14	N/A	6
19.	Elective	Introduction to Clinical Psychology	PSD235	N/A	N/A	14	N/A	6
20.	Elective	Free Elective 3	•	N/A	N/A	14	N/A	6
			Semeste	r 5	l l		1	
21.	Compulsory	Experimental Psychology	PSD300	N/A	N/A	14	N/A	6
22.	Compulsory	Cognitive Psychology	PSD305	N/A	N/A	14	N/A	6
23.	Compulsory	Psychological Measurement	PSD310	N/A	N/A	14	N/A	6
24.	Elective	Health Psychology	PSD315	N/A	N/A	14	N/A	6
25.	Elective	Major Elective 1		N/A	N/A	14	N/A	6
			Semeste	r 6	1		1	
26.	Compulsory	Psychology of Learning	PSD320	N/A	N/A	14	N/A	6
27.	Compulsory	Research Methods in Psychology	PSD325	N/A	N/A	14	N/A	6
28.	Compulsory	Psychopathology I	PSD330	N/A	N/A	14	N/A	6
29.	Elective	Major Elective 2		N/A	N/A	14	N/A	6
30.	Elective	Major Elective 3		N/A	N/A	14	N/A	6
			Semeste	r 7	l l		1	
31.	Compulsory	Practical Applications in the Field of Psychology	PSD400	N/A	N/A	14	N/A	6
32.	Compulsory	Undergraduate Thesis I	PSD480	N/A	N/A	14	N/A	6
33.	Elective	Major Elective 4		N/A	N/A	14	N/A	6
34.	Elective	Major Elective 5		N/A	N/A	14	N/A	6
35.	Elective	General Education Electi	ive 2	N/A	N/A	14	N/A	6

	Semester 8							
36.	Compulsory	Undergraduate Thesis II	PSD490	N/A	N/A	14	N/A	6
37.	Elective	Major Elective 6		N/A	N/A	14	N/A	6
38.	Elective	Major Elective 7		N/A	N/A	14	N/A	6
39.	Elective	Major Elective 8		N/A	N/A	14	N/A	6
40.	Elective	Major Elective 9		N/A	N/A	14	N/A	6

Appendix III. Syllabus PSD400 Practical Applications in the field of Psychology

Course Title	Practical Appl	ications in	the field of Psycho	ology			
Course Code	PSD400						
Course Type	Compulsory						
Level	Bachelor (1 st (Cycle)					
Year / Semester	4 th Year/ 7 th S	emester					
Teacher's Name	Constantina D	emetriou					
ECTS		_ectures / week	Up to 6 teleconferences	Laboratories / week	None		
Course Purpose and Objectives	The purpose of the course is to allow students gain practical experience in the field that is directly relevant to the applications of psychology. Students will have the opportunity to explore their professional interests either in an applied setting or in a research setting. Via the hands-on experience in the field, students are provided with the means by which they may enhance their opportunities for future employment as well as to foster their professional development in succeeding in the workforce and/or in further graduate studies. In addition, this experience will allow them to further develop their practical and critical thinking, vocational skills and self-awareness. Finally, students are expected to relate the skills they developed from their practical experience in the field of psychology to their academic program in a Logbook that is due in the final week.						
Learning Outcomes	 Develop kr of Psychol Understand Psycholog Acknowled demonstratives Observe hactivities behaviors Demonstration applied 	nowledge of ogy. d the ap y. dge the particulate practiculate profession in exploring and mental ate profession or reserved.	tion of this course on specific characters of the plication of the sychological principles of the sychological principles of the sychological principles of the sychological principles of the sychological facilitate of the sychological principles of	eristics of the differ theoretical franciples and proces applied work set applied work or applied work or applied work or ated with working	erent fields nework of esses and ting or in a r research ng human effectively		

	Reflect on the implications of their experience.					
Prerequisites	Students must complete at least 180 ECTS	Co-requisites	None			
Course Content			nplementing the principles ngs under the supervision			
	Types of practicum sites: Applied Work field: This category includes placements in human service agencies (e.g., NGOs, Humanitarian organizations, retirement centers, counselling services) educational institutions (schools, special schools and after school clubs) industrial/organizational settings, sport, Human Resources and Personnel, Prison centers, rehabilitation centers, EUC-KEPSYPA, EUC psychology labs (participation in virtual laboratory simulation activities).					
	Research field: Students can choose to collaborate with any faculty member or scientific collaborator from the Department of Social and Behavioral Sciences for a variety of research activities including the exploration of scientific material, compiling literature reviews and/or participating in running research, research grant proposal writing etc. Students may also serve as research assistants (collection and analysis of data) for a Department faculty or join in a group research project. Students may also participate in virtual experiments.					
	Students are required to obtain an Applied Work or Research Field setting on their own, using the resources available on blackboard. Requirements for course completion comprise of 180 hours (including field hours as well as course preparation-completion hours) and weekly update of the logbook.					
	Up to six synchronous teleconference meetings are designed to conseveral topics (e.g., ethical considerations, observational skills, et and provide a space to students to discuss their learning experience personal reactions to practical work, and professional and ethic issues. Hence, students will have the opportunity to receive additional supervision and feedback from the course instructor and other students. Finally, these teleconference meetings provide to students the opportunity to learn about various placements settings a practices from other students' experience.					
	A study guide is provide activities that may be pe		explanation of all practical field of Psychology.			

Teaching Methodology	Tutoring	
Bibliography	Depends on the topic	
Assessment		
	Evaluation of Field Supervisor	75%
	Written reports	25%
		100%
	The course is graded on a Pass/Fail basis.	
Language	English	



Appendix IV

Guide PSD400 Practical Applications in the field of Psychology

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1. Practicum Agreement

European University Cyprus makes certain provisions for students enrolled in the BSc. Psychology, to work on and off-campus and receive valuable practicum experience in the field of Psychology. This opportunity will help them develop a greater awareness of their interests in psychology and gain valuable experience which can be included as a bonus in their C.V., especially when applying for postgraduate degrees.

Through the course of PSD400 "Practical Applications in the field of Psychology", the student will have the opportunity to gain an in-depth knowledge through his/her contacts, in applied work or research fields. Thus, s/he will have the opportunity to observe, explore and participate in several tasks in the field of psychology.

The student must initially select a field under which s/he would like to gain experience e.g., a research or an applied work setting. Based on their field of choice, the student will then be guided by the course instructor for the types of activities that can be performed under each field. A list of activities are described in Part 3 of this guide. Activities include visits to individuals and/or organizations who host professionals coming from the field of psychology, interviewing these professionals, gain research experience and/or participate in virtual laboratory activities.

A student who chooses an activity in applied work settings, has to make the contact himself/herself. A list with contact details of organizations is provided to all students, however, a student has the right to choose a work setting from other organizations which are not included in this list. A signed agreement between the student and the organization must be completed. The course instructor is not responsible placing the student in applied work settings. During their stay in the setting, the student must be supervised by a registered/qualified psychologist (field supervisor) employed by the organization. Further guidance can be found in Part 3.

The student must keep a weekly record of his/her activity in a logbook. Weekly feedback must be provided in the logbook by the assigned field supervisor.

The student who is officially enrolled in PSD400, has one week (first week of the semester) to choose his/her activity and send it to the course instructor for approval. Once it has been approved (second week of the semester), the student is ready to begin and his/her chosen activity must be completed within 13 weeks. The last week of this course is assigned to the completion of a self-reflection assessment which appears at the end of the logbook and during this last week, the student is required to submit his/her logbook along with the comprehensive assessment of the activity.

Under **NO** circumstances can the student terminate a placement collaboration without first discussing the matter with the course instructor.

To register in PSD400 "Practical Applications in the field of Psychology", the student must be in senior standing.

2. Description and Objectives

The purpose of the course is to allow students gain practical experience in the field that is directly relevant to the applications of psychology. Students will have the opportunity to explore their professional interests either in an applied setting or in a research setting. Via the hands-on experience in the field, students are provided with the means by which they may enhance their opportunities for future employment as well as to foster their professional development in succeeding in the workforce and/or in further graduate studies. In addition, this experience will allow them to further develop their practical and critical thinking, vocational skills and self-awareness. Finally, students are expected to relate the skills they developed from their practical experience in the field of psychology to their academic program in a Logbook that is due in the final week.

Upon completion of PSD400 Practical Applications in the field of Psychology, students should be able to:

- Develop knowledge on specific characteristics of the different fields of Psychology.
- Understand the application of the theoretical framework of Psychology.
- Acknowledge the psychological principles and processes and demonstrate practical experience in an applied work setting or in a research setting.
- Observe how professionals facilitate applied work or research activities in exploring, understanding and changing human behaviors and mental processes.
- Demonstrate professional skills associated with working effectively in applied work or research settings.
- Understand and follow ethical principles in applied work or research settings.
- Reflect on the implications of their experience.

To successfully complete this course, students must work under field supervision, maintain focus and keep detailed records of their work, submit timely reports and complete evaluations with their field supervisor. Requirements for course completion comprise of 180 hours (including field hours as well as course preparation-completion hours) and weekly update of the logbook.

Some helpful tips for students are the following:

- Complete a detailed weekly log of the activity in the logbook.
- Acknowledge the short-term and long-term objectives of your experience in the field.
- Attend the scheduled mandatory meetings with both the field supervisor and course instructor.
- Reflect on your experience.

There are up to six (6) teleconferences that a student must participate with the course instructor. Several topics (e.g. ethical considerations, observational skills, etc.) will be covered in these teleconference meetings and opportunities will be given to refine course's objectives, track students' progress and get support for activities. In addition, during these teleconference meetings students will have the opportunity to receive additional supervision and feedback from the course instructor as well as from other students and also to hear other students' experiences from various placements and psychology fields.

This course is graded as Pass or Fail and no exams are required. Specifically, the 25% goes to the written reports and the other 75% goes to the evaluation of their activities.

3. Activity Description

Below you can find a detailed description of the types of activities that may be completed under each field of Psychology. Irrespective of the activity that you will choose, it is mandatory to have a 13-week engagement and record a total of 180 hours in the course. Specifically, 150 will be spent as field hours, 10 hours in teleconference meetings, 10 hours for the preparation of the course and 10 hours for the completion of the course including the self-reflection assessment. If the activity you chose, cannot amount up to 180 hours, you may combine activities from both fields described below.

3.1. Types of activities that may be performed in a Research field:

Participating in research activities:

You can choose to collaborate with any faculty member or scientific collaborator from the Department of Social and Behavioral Sciences. The faculty member or the scientific collaborator you will be assigned to, will provide you with a variety of research activities including the exploration of scientific material, compiling literature reviews, writing parts of a research grant proposal, writing parts of a proposal for gaining ethical approval and/or participating in running research of either the supervisor or postgraduate and PhD students of our Department. You may also serve as a research assistant with duties collecting and analyzing data. The aim of this activity is to gain a comprehensive experience in the field of research.

Virtual Experiments:

You will have the opportunity to gain lab experience through virtual experiments. You will be able to perform or participate in experiments by analyzing experimental conditions, procedure, data, observing results and presenting conclusions. You will make an agreement with a laboratory supervisor (appointed by the Department of Social and Behavioral Sciences) and arrange a series of experiments. Laboratory experiences will be conducted under highly controlled conditions.

3.2. Types of activities that may be performed in an Applied Work field:

This category includes placements in human service agencies (e.g., NGOs, Humanitarian organizations, retirement centers, counselling services) educational institutions (schools, special schools, after school clubs) industrial/organizational settings, sports, Human Resources and Personnel, Prison centers, rehabilitation centers, EUC Counseling Centre (KEPSYPA), EUC psychology labs (participation in virtual laboratory simulations).

Visiting Applied Work Settings:

You will have the opportunity to gain experience by visiting applied work settings. You must select and contact an organization/setting by yourself. A list is provided with contact details of organizations; however, you have the right to choose a placement in organizations which are not included in this list. The course instructor is not responsible to place you in a work setting. You will be expected to do the following:

- 1) Secure a placement by the end of the first week of the semester;
- 2) Prepare a resume detailing your previous educational and work experience;
- 3) Complete the "Agreement Form" and obtain signatures from your field supervisor;

You must be supervised by a registered/qualified professional psychologist employed by the organization. A signed agreement between you and the organization must be completed as stated above. This agreement must include the name and credentials of the appointed registered/qualified professional psychologist that will supervise you during your stay, your responsibilities as well as the time that you will spend there. Your responsibilities are to carry out a range of tasks and applications in the field of psychology within the frame of your undergraduate training. These tasks include shadowing, observation, administration, designing and developing psychoeducational material and/or attending team meetings and trainings. You have to make it clear at the organization that you are not allowed to directly be involved with their service users without supervision and that you will not carry out tasks which you have not been trained during your undergraduate study in psychology. If you are not sure whether or not a given task is in the scope of your abilities and training, you must contact the course instructor for further clarifications.

Centre of Applied Psychology and Personal Development (KEPSYPA):

You will have the opportunity to participate in our University's Counselling Centre KEPSYPA, which is established to promote prevention, assessment and therapy to the members of European University Cyprus. In order to perform your placement at KEPSYPA, a prior interview is required. You will be involved with a variety of activities such as supporting the call centre, administrating screening checks, etc. You will be supervised by a registered clinical or counselling psychologist. Your schedule will be arranged by the Center and your placement there must be regular and on a weekly basis.

Interviews:

You will have the opportunity to interview professional psychologists. Thus, you will gain experience on how to design and conduct an interview, how to observe an individual and how psychologists apply their knowledge in real life situations. This activity gives you the chance to ask questions related to field work, to points that you are interested to invest, to issues that you believe you may face once you graduate etc. You must find three (3) professional psychologists from any field of psychology and interview them in order to further explore their work duties and their career development. The duration of the interview must be of minimum 20 minutes and not exceed 40 minutes. It is your responsibility to structure and schedule the interviews. The interview should contain about six (6) questions focused on the psychologist's work experience. A detailed transcript must be placed in a separate document for every interviewee, along with an overview of the interview. A signed consent form is required from each psychologist and it is mandatory to audio-record the psychologists' interviews. For this activity you will be supervised by a faculty member or a scientific collaborator from the Department of Social and Behavioral Sciences.

Virtual Laboratory Simulations:

You will have the opportunity to gain lab experience with live demos, role-plays, observations and case study discussions. With this activity, you will have the opportunity to practice lab techniques such as interacting with elements and interfaces of the applied field. Students will make an agreement with a laboratory supervisor (appointed by the Department of Social and

Behavioral Sciences) and arrange a series of simulation activities. Laboratory experiences will be conducted under highly controlled conditions.