

**TABLE 2: COURSE DISTRIBUTION PER SEMESTER – BSc (Hons) Sport and Exercise Science**

**Year 1**

A/A	Course type	Course title	Course code	Periods per week	Period duration	Number of weeks/ Semester	Total periods/ Semester	Number of ECTS
<b>A' Semester</b>								
1.	Compulsory	Pedagogy and Sociology Issues in Physical Education	XS1004	4	1	13	52	10 ECTS
2.	Compulsory	Essentials of Physical Education	TL1117	4	1	13	52	10 ECTS
3.	Compulsory	Academic writing	EF1498	2	1	13	26	5 ECTS*
4.	Optional	University Elective	xxxxxx	2	1	13	26	5 ECTS*
<b>B' Semester</b>								
1.	Compulsory	Practical Sport, Exercise & Physical Activity	TLC123	4	1	13	52	10 ECTS
2.	Compulsory	The Basis of Human Movement	XS1159	4	1	13	52	10 ECTS
3.	Compulsory	Academic writing	EF1498	2	1	13	26	5 ECTS*
4.	Optional	University Elective	xxxxxx	2	1	13	26	5 ECTS*



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## YEAR 2

A/A	Course type	Course title	Course code	Periods per week	Period duration	Number of weeks/ Semester	Total periods/ Semester	Number of ECTS
<b>A' Semester</b>								
1.	Compulsory	Introduction to Biomechanics in Sport	XS1XXX	4	1	13	52	10 ECTS
2.	Compulsory	Human Physiology	XS1XXX	4	1	13	52	10 ECTS
3.	Compulsory	Introduction to Sport and Exercise Psychology	XS1XXX	4	1	13	52	10 ECTS
<b>B' Semester</b>								
1.	Compulsory	Planning and Instructing Exercise for Health & Fitness	XS1205	4	1	13	52	10 ECTS
2.	Compulsory	Introduction to Skill Acquisition	XS1XXX	4	1	13	52	10 ECTS
3.	Compulsory	Research Skills and Methodologies in Sport Science and Physical Education	XS1XXX	4	1	13	52	10 ECTS



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### YEAR 3

A/A	Course type	Course title	Course code	Periods per week	Period duration	Number of weeks/ Semester	Total periods/ Semester	Number of ECTS
<b>A' Semester</b>								
1.	Compulsory	Applied Physiology	XS2XXX	4	1	13	52	10 ECTS
2.	Compulsory	Sports Biomechanics	XS2XXX	4	1	13	52	10 ECTS
3.	Compulsory	Coaching Strength and Conditioning for Sport	XS2XXX	4	1	13	52	10 ECTS
<b>B' Semester</b>								
1.	Compulsory	Applied Sport and Exercise Psychology	XS2XXX	4	1	13	52	10 ECTS
2.	Compulsory	Advanced Principles of Exercise & Training	XS2206	4	1	13	52	10 ECTS
3.	Optional	Applied Principles and Techniques in Sports 1	XS2006	4	1	13	52	10 ECTS
4.	Optional	Applied Skill Acquisition	XS2XXX	4	1	13	52	10 ECTS



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## YEAR 4

A/A	Course type	Course title	Course code	Periods per week	Period duration	Number of weeks/ Semester	Total periods/ Semester	Number of ECTS
<b>A' Semester</b>								
1.	Compulsory	Double Research Project	XS3900	1	1	7	7	10 ECTS *
2.	Compulsory	Sport, Physical Education and Innovation: Solutions for Society	XS3XXX	2	1	13	26	5 ECTS*
3.	Compulsory	Professional Development and Employability in Sport, Exercise and Physical Education	XS3XXX	2	1	13	26	5 ECTS*
4.	Optional	Applied Principles and Techniques in Sports 2	XS3006	4	1	13	52	10 ECTS
5.	Optional	The Interdisciplinary Sport Scientist	XS3XXX	4	1	13	52	10 ECTS
<b>B' Semester</b>								
1.	Compulsory	Double Research Project	XS3900	1	1	6	6	10 ECTS *
2.	Compulsory	Sport, Physical Education and Innovation: Solutions for Society	XS3XXX	2	1	13	26	5 ECTS*
3.	Compulsory	Professional Development and Employability in Sport, Exercise and Physical Education	XS3XXX	2	1	13	26	5 ECTS*
4.	Optional	Exercise Referral	XS3200	4	1	13	52	10 ECTS



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5.	Optional	Sports Injury Management and Prevention	XS3XXX	4	1	13	52	10 ECTS
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