

Table 2: COURSE DISTRIBUTION PER SEMESTER

“Nutrition and Dietetics (4 Academic Years, 240 ECTS, B.Sc.)”
“Διατροφή και Διαιτολογία/Nutrition and Dietetics (4 Years/240 ECTS, B.Sc.)”

A/A	Course Type	Course Title	Course Code	Periods Per Week	Period Duration in Minutes	Number of Weeks/Academic Semester	Total Hours/Academic Semester	Number of ECTS
1st Academic Year/1st Semester								
1.	Compulsory	Biology	BIO108	3	50	14	42	6
2.	Compulsory	Introduction to Nutrition	NUT100	3	50	14	42	6
3.	Compulsory	Chemistry	LFS100	3	50	14	42	6
4.	Compulsory	Anatomy and Physiology I	HEA100	3	50	14	42	6
5.	Elective	Free Elective Course*	--	3	50	14	42	6
1st Academic Year/2nd Semester								
1.	Compulsory	Molecular Biology	LFS105	3	50	14	42	6

2.	Compulsory	Biochemistry	LFS110	3	50	14	42	6
3.	Compulsory	Anatomy and Physiology II	HEA110	3	50	14	42	6
4.	Compulsory	Information Technology for Health Science	HEA175	3	50	14	42	6
5.	Elective	Free Elective Course*	--	3	50	14	42	6
2nd Academic Year/3rd Semester								
1.	Compulsory	General Microbiology	LFS200	3	50	14	42	6
2.	Compulsory	Food Chemistry	NUT105	3	50	14	42	6
3.	Compulsory	Research Methodology and Biostatistics	HEA115	3	50	14	42	6
4.	Compulsory	Nutrition, Culture and Environment	NUT200	3	50	14	42	6
5.	Compulsory	Health Psychology	PSY105	3	50	14	42	6
2nd Academic Year/4rd Semester								
1.	Compulsory	Nutritional and Metabolism	NUT205	3	50	14	42	6
2.	Compulsory	Nutrition and Metabolism-Lab	NUT210	3	50	14	42	6
3.	Compulsory	Nutritional Assessments	NUT215	3	50	14	42	6
4.	Compulsory	Nutritional Assessments-Lab	NUT220	3	50	14	42	6

5.	Compulsory	Food Science and Technology	NUT225	3	50	14	42	6
3rd Academic Year/5th Semester								
1.	Compulsory	Introduction to Clinical Nutrition and Dietetics	NUT302	3	50	14	42	6
2.	Compulsory	Sports Nutrition	NUT345	3	50	14	42	6
3.	Compulsory	Nutritional Education, Counselling and Behaviour	NUT315	3	50	14	42	6
4.	Compulsory	Nutrition in the Life Cycle	NUT320	3	50	14	42	6
5.	Compulsory	Food Microbiology	NUT325	3	50	14	42	6
3rd Academic Year/6th Semester								
1.	Compulsory	Epidemiology	HEA105	3	50	14	42	6
2.	Compulsory	Clinical Nutrition and Dietetics I	NUT330	3	50	14	42	6
3.	Compulsory	Clinical Nutrition and Dietetics I-Lab	NUT335	3	50	14	42	6
4.	Compulsory	Updated Nutritional Issues and Trends	NUT360	3	50	14	42	6
5.	Compulsory	Pharmacology and Foods	NUT355	3	50	14	42	6
4th Academic Year/7th Semester								
1.	Compulsory	Clinical Nutrition and Dietetics II	NUT400	3	50	14	42	6
2.	Compulsory	Clinical Nutrition and Dietetics II-Lab	NUT405	3	50	14	42	6

4.	Compulsory	Nutrigenetics/Nutrigenomics	NUT420	3	50	14	42	6
5.	Compulsory	Undergraduate Thesis	NUT465	---	---	14	84	12
4th Academic Year/8th Semester								
1.	Compulsory	Practical Training	NUT460	---	---	14	252	30

*** Free Elective Courses:**

Students may enroll in courses offered in any of the other bachelor's programmes (excluding lab courses) with equivalent ECTS.